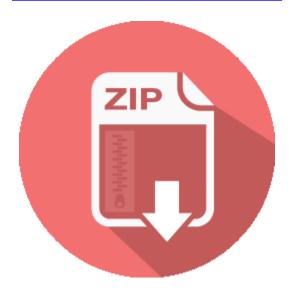
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Simplistic View of Why We Get Fat. The basic, simplistic view of why people get fat is because they consume more calories than they spend. However Gary Taubes says this view is simplistic. For example, he says, among people with the same lifestyle and food consumption some do get fat while others do not.

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